

Sailing Instructions

2008 Casco Bay SailMaine Frostbite Series

1. Rules:

The series will be governed by the Racing Rules of Sailing (RRS) 2005-2008 as amended and as prescribed by US SAILING and the Yngling Class Rules except as altered by the Notice of Race, these Sailing Instructions and Amended Official Notice and Conditions of Race.

2. Safety

In addition to the requirements of the RRS, applicable Yngling class rules for safety and safety equipment must be followed.

Life Jackets must be worn at all times while on the boat and on the docks.

If the temperature is below 15 degrees (F) or the wind is in excess of 16 mph the races will not be held. Decisions as to temperature and wind velocity will be made at the discretion of the Race Committee.

3. Notices to Competitors

3.1 Official notices and numbered addenda to these Sailing Instructions will be posted on the Official Notice Board on the 'Clubhouse' building in the Sailmaine/ boat parking area.

4. Changes in Sailing Instructions

Any changes to these Sailing Instructions will be posted on the Official Notice Board and or the SailMaine website prior to the race.

5. Radios/ communications

Radios are required and not supplied. Race Committee will communicate on channel 69.

Signals made ashore will be displayed from the Committee Boat

6. Courses

Courses will be windward/leeward courses. The number of times around the course will be posted on the committee boat. The pin end of the starting line will serve as a leeward mark.

7. Compasses

Compasses are not allowed

8. Time Limit

There will be no time limit except that a yacht finishing more than 15 minutes after the first boat finishes will be scored 'Did Not Finish'

9. Marks

Inflatable or plastic marks will be used. Race committee may use existing buoys or government marks.

10. The Start

Races will be started in accordance with the New 5 Minute System starting sequence as prescribed in accordance with US Sailing. Whistle and or horns will be used for sound signals.

The Starting Line will be between a staff on the committee boat displaying an orange flag and the Start/Finish Mark. An orange inflatable mark may be attached to the stern of the committee boat and shall be considered part of the starting mark for the purpose of Rule 28 and Rule 31.

11. Recalls

The Race Committee will attempt to identify recalled boats by broadcast and verbal hail. Failure of a boat to hear her recall notification shall not be grounds for redress. Individual recalls will be signaled with one sound signal.

General Recalls: The Race Committee will verbally announce general recalls and sound multiple sound signals.

12. Change of course after the start

A change of course will be signaled near the mark beginning the next leg being changed by a Race Committee Boat that will display Code Flag "C" with repetitive sound signals. The change will be verbal to all competitors before the leading yacht has begun the leg.

Shortening the course may occur at any mark by the Race Management Vessel with two sound signals. Yachts will finish between the mark and the Race Management Vessel.

13. The Finish

The Finish Line will be between a staff displaying an orange flag on the committee boat and the Start/Finish mark.

14. Withdrawal

A boat that retires from a race or does not intend to start a scheduled race shall promptly report this to the Race Committee. If this is not possible she shall promptly report her actions to the Race Committee ashore.

15. Penalty Systems

A boat that may have broken a rule of Part 2 while racing may take a penalty at the time of the incident by promptly taking a Two-Turns Penalty in compliance with RRS 44.2.

A boat taking such a penalty as above is requested to report her penalty turns and identity of the boat(s) in the incident to the race committee promptly after finishing.

16. Protests

Protests shall be written on forms available in the RRS and lodged at with the Race Committee within one hour after the committee boat docks. The schedule for protest hearing will be posted on the official bulletin board. The jury will attempt to hear protests in the order received.

It is the sole responsibility of each party to a protest to remain on call in the vicinity of Club. Failure of any such boat to appear when called for a hearing will be considered by the protest committee as grounds for proceeding under Rule 63.3.

17. Scoring

The low point scoring system Appendix A2 of the RRS will apply with no throw outs and no exclusion of worst score and as amended by the N.O.R. and sailing instructions. Teams will receive average points for races on days that they do not sail due to race committee obligation. Additional points: a boat sailing with 2 persons on board more than one day will receive one additional point per race sailed with 2 on board on the second and all subsequent days they sail with two persons on board. One additional point per race for the day will be added to a boat that does not meet it's tow vehicle obligation.

All boats are to remain on the dock or moored in the immediate vicinity of the launch area while boats are being launched and at least two sailors per boat are to assist in the launch. One additional point per race for the day will be added to the score of any boat that leaves the dock/launch area before the last boat of the day is launched and in the water unless (a) they are specifically directed to leave the area by the frostbite organizer or his/her delegate.

Ties will be broken in accordance with Appendix A8.

18. Prizes

Trophies will be awarded to the teams placing 1st, 2nd and 3rd.

19. All crew members, or legal guardians of individuals, sailing in a given race on a given boat, MUST have completed and signed all paperwork, releases, etc. as required by Sailmaine prior to getting in the boat that day. Failure to do so may result in disqualification from all races sailed that day.

19.1

New crews must complete an online form with digital signature (http://sailmaine.org/pdfs/FrostbiteRegister_distributed_0001.pdf), mail or fax a paper form to SailMaine in advance of their participation, or submit a paper form in person to Steph Helms, Jeff Cumming or Andrew Carey on the day of their participation. If a new crew comes to sail on a day when neither Steph nor Jeff nor Andrew is here to collect a paper form, they should put the form in the door of the office shed.